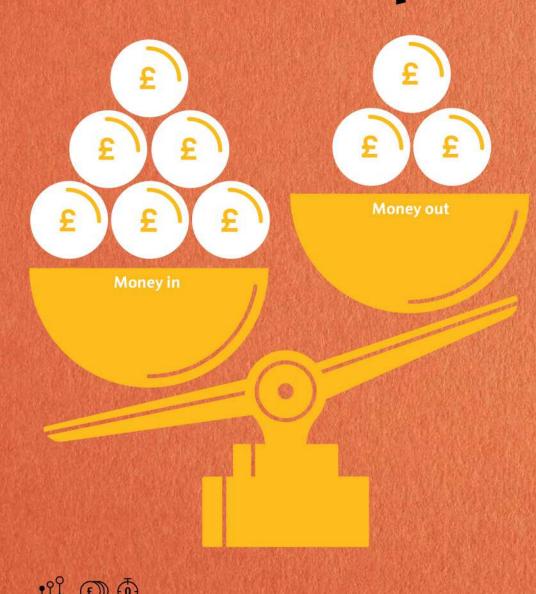
**Start your money workout** Managing your money

## The warm up



My regular monthly income is £

My regular monthly spending is £

I usually have £

left. To improve this I could reduce spending

On takeaways and subscriptions



Use your Barclays App to see how much you've spent, and where throughout the month and year.

After you log in scroll down to Quick Links and tap Spending.

You must be 16 or over to use the app. T&Cs apply.



Make money work for you Scan to learn more at barclays.co.uk/money-management **BARCLAYS** 

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